SSC GD Constable Recruitment 2026 – Complete Detailed Guide

The SSC GD Constable Recruitment 2026 is expected to be one of the biggest recruitment drives conducted by the Staff Selection Commission (SSC). Every year, millions of candidates apply for SSC GD vacancies to secure government jobs in India's paramilitary forces. SSC GD recruitment provides opportunities in forces such as BSF, CISF, CRPF, ITBP, SSB, Assam Rifles, SSF, and NCB. Candidates prefer SSC GD jobs because of job security, fixed salaries, government allowances, pension benefits, and promotion opportunities.

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Overview of SSC GD 2026

SSC GD stands for Staff Selection Commission General Duty Constable Examination. This examination is conducted to recruit constables for various Central Armed Police Forces. The selection process usually includes: • Computer Based Test (CBT) • Physical Efficiency Test (PET) • Physical Standard Test (PST) • Medical Examination • Final Merit List

Eligibility Criteria

Candidates must fulfill the required eligibility conditions before applying. Educational Qualification: Applicants should have passed Class 10th from a recognized board. Age Limit: Generally, candidates aged between 18 to 23 years are eligible. Reserved categories receive age relaxation as per government rules. Nationality: Candidates must be Indian citizens.

SSC GD 2026 Vacancy Details

SSC GD 2026 is expected to announce thousands of vacancies across multiple forces. Forces generally included: • BSF • CISF • CRPF • ITBP • SSB • Assam Rifles • SSF • NCB Exact vacancy details will be released in the official notification.

Application Process

Candidates can apply online through the official SSC website. Steps generally include: • Registration • Filling application form • Uploading photograph and signature • Fee payment • Final submission Candidates should carefully check all details before submitting the form.

Exam Pattern

The SSC GD written examination is conducted online. Main subjects: • General Intelligence & Reasoning • General Knowledge & Current Affairs • Elementary Mathematics • English/Hindi The exam generally contains objective-type multiple-choice questions.

Physical Efficiency Test (PET)

Candidates qualifying the written exam are called for PET. Physical tasks may include: • Running • Endurance activities Male and female candidates have different standards.

Physical Standard Test (PST)

The PST checks physical measurements. Common criteria: • Height • Chest measurement for males • Weight proportionate to height Some categories receive relaxation in physical standards.

Medical Examination

Candidates must pass a medical examination to ensure fitness for service. The medical test checks: • Vision • Hearing ability • General health condition • Physical fitness

Salary and Benefits

SSC GD Constables receive attractive salaries and government benefits. Benefits include: • Basic Pay • Dearness Allowance • House Rent Allowance • Medical benefits • Pension benefits • Uniform allowance Government job security makes SSC GD highly attractive for candidates.

Preparation Tips

Important preparation strategies for SSC GD 2026: • Follow a daily study schedule • Practice mock tests • Solve previous year papers • Improve speed and accuracy • Read current affairs daily • Focus on physical fitness Consistency and regular revision are important for success.

Common Mistakes to Avoid

Many candidates lose marks because of avoidable mistakes. Common mistakes: • Ignoring official notifications • Poor time management • Lack of mock test practice • Incorrect application details • Ignoring physical preparation

Career Growth

SSC GD offers excellent promotion opportunities. Promotions may include: • Head Constable • Assistant Sub Inspector • Sub Inspector With experience and departmental exams, candidates can achieve higher ranks.

Conclusion

SSC GD Constable Recruitment 2026 is an excellent opportunity for candidates seeking stable government jobs after Class 10th. Candidates should regularly check official SSC notifications for updates regarding vacancies, exam dates, admit cards, and results. Proper preparation, discipline, and physical fitness can help candidates achieve success in the SSC GD examination.

Feature	Details

Exam Name	SSC GD Constable 2026
Conducting Body	Staff Selection Commission (SSC)
Qualification	10th Pass
Selection Process	CBT, PET, PST, Medical
Job Type	Central Government Job
Exam Mode	Online